

# Learning Excellence

Our flagship programme that reflects leading edge practices  
in 21<sup>st</sup> century education.

Discover our unique blend of accelerated and whole brain  
learning,

**Neuro Linguistic Programming (NLP)**

and 'best practice' in the field of education.

**Inspire, empower,  
illuminate, transform**

Teachers, Tutors, Trainers, Managers  
and Leaders

Develop your skills

Explore new strategies

Build techniques

Would you like ideas to cope more  
successfully with:

Improving Meta Cognition a

Thinking Skills

Raising Achievement

Managing the classroom

Stretch and Challenge

The Meta solution

60 hour modular programme

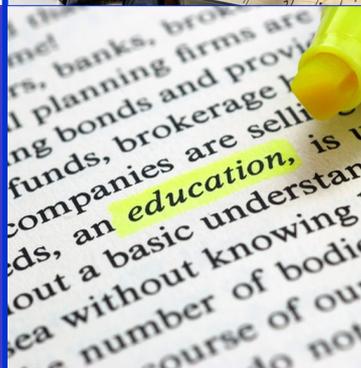
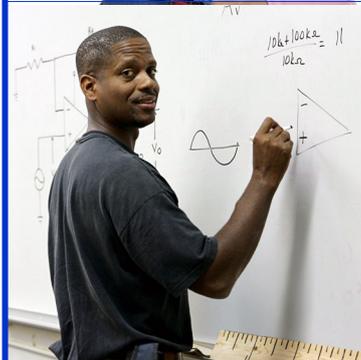
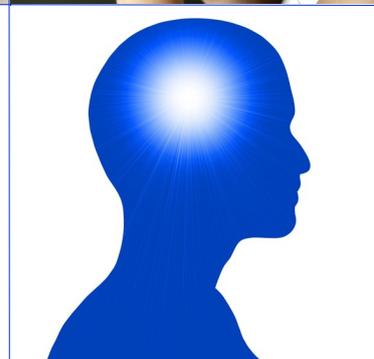
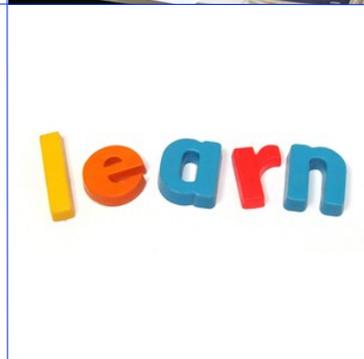
of excellence

in teaching and learning.

Maximising results

in your classroom, training room

or workplace.



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## Learning Excellence

Select from the 8 modules (16 1.5 hour sessions) to in

4 Compass points and Maps

Extend your learning with 6 Keys

Complete your NLP Practitioner in Education

### Learning Excellence participants say

“Many thanks for great training and i hope that you continue to change peoples lives the way you changed mine and the way I interact with people “

Duncan, IOW College

“Inspirational, motivational, energising. Really, really good”

Carol, West Suffolk College

.”This training should be mandatory for anyone even considering teaching/training or just for people who want to understand how people think. We're all still learning and will continue to do so, but if I had half your skill I'd consider myself blessed.”

Dr Sharon Ney

## Learning Excellence

This fully flexible programme allows you to begin the journey with 4 compass points modules to navigate and explore the essential routes to managed learning. Maps modules continue to steer you on your way to excellence.

These 2 modules provide 30 hours training in total  
*Start the journey wherever you like with any combination from the modules below..*

### 4 Compass Points modules:

#### Managing your Style:

- Create positive Learning States for your students
- Develop flexibility in your Teaching styles

#### Managing the Classroom:

- Create the right environment for learning.
- Communicate elegantly using language patterns and the voice

#### Managing the Content:

- Processes to liven up Learning
- Engage learning and use metaphors to embed learning

#### Managing Relationships with Learners:

- Build rapport and work with values to gain commitment.
- Develop confidence and competence to build self-belief

### Maps modules:

#### Motivation for Learning:

- Design 'PURE' outcomes for learning and learners
- Understand and unlock motivation through a structured approach

#### Assessment for Learning:

- Questioning skills and feedback for metacognition
- Advanced questioning skills for stretch and challenge

#### Personalising Learning:

- Apply learning styles and strategies effectively for learning
- Distinguish teacher style v learning style
- Make Kolb practical with the 4Mat system

#### Self/State Management:

- Anchor great states you want for teaching/learning
- Maintaining and breaking rapport for learning and behaviour management

# Learning Excellence

The unique blend of the latest research and practice in education and the neuroscience of learning combined with applied NLP, unlocks learning even more fully with the [6 keys to teaching](#).

For real adventurers there is the opportunity to gain an internationally recognised qualification in [NLP](#) (upon successful completion of all 4 elements) [the Society of NLP Practitioner in Education](#)  
These 2 modules provide 30 hours training

## 6 Keys module:

### The Right State

- Pacing and leading for continual engagement practice

- The neurochemistry of learning in your teaching and learning

### The Right Presentation

- Create the big picture of the learning and learning strategies
- Explore conscious and unconscious learning

### Think on Purpose

- Develop metacognition through the Meta Model of language
- Understand the basics of learning strategies to correct poor learning and to stretch and challenge

### Activate the learning

- Plan and develop learning activities for deep learning
- Explore the latest research into learning and apply it immediately and directly to your classroom

### Apply Learning

- Apply the learning for long term retention and transferable skills

### Review, Evaluate, Celebrate

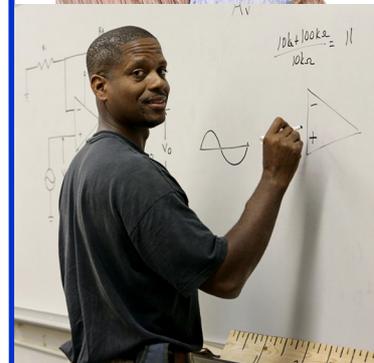
- Effectively review and celebrate learning
- Use timelines to create propulsion and motivation

## NLP Practitioner in Education (SNLP):

**Embed the previous 3 modules thoroughly within the NLP framework**

- Explore the language patterns of NLP and how to use them to create enthusiasm and commitment for learning
- Utilise Meta Model questions to empower 121 tutorials
- Learn the techniques of NLP for rapid change
- Be able to overcome limiting beliefs about learning and raise self belief
- Elicit and Install strategies for effective learning
- Design strategies for creative learning
- Create generative learning, so that learning continues with propulsion beyond the teaching, beyond the door, after the session

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*“Kate is an expert in applying NLP in the education sector. She is thoroughly organised, highly skilled and the love for what she teaches comes across in her presentation.*

*I guarantee you will have a thoroughly enjoyable experience’.*

Dr Richard Bandler,  
Co-founder of NLP  
and creator of DHE and NHR

## We promise you will

- Learn in an atmosphere of professional respect and challenge
- Gain knowledge and insight about the processes of highly effective learning experiences
- Know how to personalise learning to get best results
- Integrate new practical and pragmatic ideas into your teacher tool kit
- Discover new strategies to engage learners
- Utilise the processes of accelerated learning
- Experience interactive, fast, energised, fun-based learning

### Learning Excellence is led by International Director of Education for the Society of NLP, Kate Benson

Kate is an internationally recognised trainer and the UK’s only SNLP Master Trainer working in the education sector.

Matrix Essential Training Alliance is an organisation dedicated to inspiring learning, raising achievement and transforming teaching.

Our highly skilled trainers utilise advanced learning practices and model skills and strategies that work.

This fully flexible approach to staff development means that our training team can accommodate your requirements in terms of delivery, cost and timings

To discuss your Staff Development and training requirements call us on:

**+44(0)1454677929**

Or email us and let us know when it is best to call you.

**enquiries@meta-training.org.uk**

**We look forward to hearing from you soon**